

PERSONAL INFORMATION 履歷表

CODE NO.編號 DHML683

Name 名字 JUAINE ARAÑA PESTAÑAS

City Address DAMPALAN, DAPITAN CITY

Date of Birth 出生日期 JANUARY 04, 1989 Age 年齡 37 YEARS OLD

Place of Birth 出生地 ZAMBOANGA DEL SUR

Height 身高 154CM

Weight 體重 58KG

Tel No. 電話

Blood Type 血型 B+

RELIGION 宗教

☐ Buddha 佛教

☐ Muslim 回教

☐ Christianity 基督教

☒ Catholic 天主

LANGUAGE ABILITY 語言能力

☒ English 英語

☐ Mandarin 國語

☐ Training Center of Mandarin 中文續練

EDUCATION DEGREE 教育程度

☐ Elementary 基本

Vocational Course 職業學校

☒ High School 高中

College 學院

MARITAL STATUS 婚姻狀況

☐ Single 單身

Divorced 離婚

☒ Married 結婚

Widowed 寡居

HOME ELECTRICAL APPLIANCE OPERATION 家庭電氣用品操作

☒ Washing Machine 洗衣機

☒ Microwave Oven 微波烤箱

☒ Vacuum Cleaner 真空擦淨劑

☒ Coast Bread Machine 烤麵包機

☒ Electric Kettle 電水壺

☒ Flat Iron 電熨斗

☒ Blender 攪拌器

☒ Rice Cooker 電鍋

BABY SITTING AND CHILDREN 照顧小孩

☒ Bathing 洗澡

☒ Feeding 哺乳

☒ Changing Diapers 換尿布

☒ Washing Clothes 洗衣

☒ Sterilize Utensils 消毒

☒ Ironing Clothes 燙衣服

☒ Taking Temperature 量體溫

☒ Tutorial 家教

☒ Care of Baby During Night Time 夜間照顧

CARETAKER TRAINING 監護工

☒ Feeding 餵食

☒ Giving Medicine 餵藥

☒ Changing Diapers 換尿布

☒ Phlegm Suction 抽痰

☒ Taking Temperature 量溫度

☒ Massage 按摩

☒ Taking Blood Pressure 量血壓

☒ Turning Patient Side to Side 翻身

Family Data 家庭資料

Father 父親 DECEASED

Age 年齡

Mother 母親 SAHADA ARAÑA

Age 年齡 59 YEARS OLD

No. of Brother 兄弟數 1

No. of Sister 姐妹數 1

In The Family 排行 1ST

Name of Spouse 配偶的名字 JOVENER PESTAÑAS

Occupation of Spouse 配偶的職 DRIVER

Age of Spouse 配偶 的年齡 42 YEARS OLD

No. of Children 孩子數 3

Age of Children 孩子的年齡 3, 4 & 9 YEARS OLD

OVERSEAS WORKING EXPERIENCE 國外工作經

Country 國家	Inclusive Dates 期間	Position 地點
QATAR	JANUARY 2018-JANUARY 2020	DOMESTIC ELPER
KSA	MAY 2010-NOVEMBER 2015	DOMESTIC HELPER



**WORK EXPERIENCE 工作經驗
(START FROM MOST RECENT)**

1. FOR DOMESTIC HELPER APPLICANT 幫傭	
Name Of Employer 雇主的名字 SALEH AL MANNAL	Country 國家 QATAR
Inclusive Dates 起始日期 JANUARY 2018-JANUARY 2020	Duration 期間 2 YEARS
No. Of Children 孩子數	Salary 薪資 PHP22,000
Age Of Children 孩子年齡	
Your Duties : 工作內容 ALL HOUSEHOLD CHORES, WASHING & IRONING CLOTHES	

2. FOR DOMESTIC HELPER APPLICANT 幫傭	
Name Of Employer 雇主的名字 SULAIMAN AL ARFAJ	Country 國家 SAUDI
Inclusive Dates 起始日期 MAY 2010-NOVEMBER 2015	Duration 期間 5 YEARS
No. Of Children 孩子數 1	Salary 薪資 PHP22,000
Age Of Children 孩子年齡 NEW BORN	
Your Duties : 工作內容 ALL AROUND HOUSEHOLD WORK, TAKING CARE OF NEWBORN	

(工作內容簡介)

I WORKED AS A DOMESTICHELPER IN QATAR FOR 2 YEARS, WHERE I PERFORMED HOUSEHOLDCHORES, INCLUDING WASHING AND IRONING CLOTHES. I ALSO WORKED AS A DOMESTIC HELPER IN SAUDI ARABIA FOR 5 YEARS, DOING ALL-AROUND HOUSEHOLD WORK AND TAKING CARE OF A NEWBORN BABY.

I hereby certify that all the above information are true and correct to the best of my knowledge. Any false statement or misrepresentation on my part shall be sufficient ground for termination.

(我特此聲明上述資料都是真實的。如有任何虛假陳述或者不實資料將可隨時終止契約。)

JUAINE ARAÑA PESTAÑAS / 10 JUN 2026

Applicant's signature over printed name Date (日期)

(申請人的簽名)

DO NOT WRITE BELOW THIS LINE

Original Documents on file

■ Passport No.: P1922226D

Expiration: 20 APR 2036

Ø NBI

Ø Medical

Ø Training

SUGGEST POSITION APPLIED

建議應徵職位 DOMESTIC HELPER