

PERSONAL INFORMATION 履歷表

CODE NO.編號 DHML674

Name 名字 JESSA MAGALLANES PALARUAN

City Address BURINAO NARRA PALAWAN

Date of Birth 出生日期 APRIL 30, 1988

Age 年齡 38 YEARS OLD

Place of Birth 出生地 NARRA PALAWAN

Height 身高 165CM

Weight 體重 67KG

Tel No. 電話

Blood Type 血型 B+

RELIGION 宗教 CATHOLIC

♂ Buddha 佛教

♂ Muslim 回教

♂ Christianity 基督教

■ Catholic 天主教

LANGUAGE ABILITY 語言能力

■ English 英語

♂ Mandarin 國語

♂ Training Center of Mandarin 中文續練

EDUCATION DEGREE 教育程度

♂ Elementary 基本

Vocational Course 職業學校

High School 高中

■ College 學院

MARITAL STATUS 婚姻狀況

□ Single 單身

Divorced 離婚

■ Married 結婚

Widowed 寡居

HOME ELECTRICAL APPLIANCE OPERATION 家庭電氣用品操作

■ Washing Machine 洗衣機

■ Microwave Oven 微波烤箱

■ Vacuum Cleaner 真空擦淨劑

■ Coast Bread Machine 烤麵包機

■ Electric Kettle 電水壺

■ Flat Iron 電熨斗

■ Blender 攪拌器

■ Rice Cooker 電鍋

BABY SITTING AND CHILDREN 照顧小孩

■ Bathing 洗澡

■ Feeding 哺乳

■ Changing Diapers 換尿布

■ Washing Clothes 洗衣

■ Sterilize Utensils 消毒

■ Ironing Clothes 燙衣服

■ Taking Temperature 量體溫

■ Tutorial 家教

■ Care of Baby During Night Time 夜間照顧

CARETAKER TRAINING 監護工

■ Feeding 餵食

■ Giving Medicine 餵藥

■ Changing Diapers 換尿布

■ Phlegm Suction 抽痰

■ Taking Temperature 量溫度

■ Massage 按摩

■ Taking Blood Pressure 量血壓

■ Turning Patient Side to Side 翻身

Family Data 家庭資料

Father 父親	MANUEL MAGALLANES	Age 年齡	77 YEARS OLD
Mother 母親	NENETA MAGALLANES	Age 年齡	53 YEARS OLD
No. of Brother 兄弟數	1		
No. of Sister 姐妹數	4		
In The Family 排行	4RD		
Name of Spouse 配偶的名字	JOHN REX PALARUAN		
Occupation of Spouse 配偶的職	PHILIPPINE ARMY		
Age of Spouse 配偶的年齡	38 YEARS OLD		
No. of Children 孩子數	2		
Age of Children 孩子的年齡	14 & 5 YEARS OLD		

OVERSEAS WORKING EXPERIENCE 國外工作經

Country 國家	Inclusive Dates 期間	Position 地點
KUWAIT	DECEMBER 2014-JUNE 2016	DOMESTIC HELPER
SAUDI	NOVEMBER 2016-APRIL 2018	DOMESTIC HELPER
SINGAPORE	JANUARY 2019-JUNE 2020	DOMESTIC HELPER



**WORK EXPERIENCE 工作經驗
(START FROM MOST RECENT)**

1. FOR DOMESTIC HELPER APPLICANT 幫傭	
Name Of Employer 雇主的名字 ALI HUSSAIN AI SHATI PO	Country 國家 KUWAIT
Inclusive Dates 起始日期 DECEMBER 2014-JUNE 2016	Duration 期間 2 YEARS
No. Of Children 孩子數 2	Salary 薪資 PHP20,000
Age Of Children 孩子年齡 NEWBORN & 1 YEAR OLD	
Your Duties : 工作內容 HOUSEHOLD CHORES, COOKING & TAKECARE OF CHILDRENS	

1. FOR DOMESTIC HELPER APPLICANT 幫傭	
Name Of Employer 雇主的名字 ATIF ABDULAHAMIB ALI AL-HEJILI	Country 國家 SAUDI
Inclusive Dates 起始日期 NOVEMBER 2016-APRIL 2018	Duration 期間 2 YEARS
No. Of Children 孩子數 3	Salary 薪資 PHP20,000
Age Of Children 孩子年齡 7, 9 & 13 YEARS OLD	
Your Duties : 工作內容 HOUSEHOLD CHORES & TAKECARE OF CHILDRENS	

1. FOR DOMESTIC HELPER APPLICANT 幫傭	
Name Of Employer 雇主的名字 CHAN RUI CI SARAH	Country 國家 SINGAPORE
Inclusive Dates 起始日期 JANUARY 2019-JUNE 2020	Duration 期間 5 MONTHS (LEAVE DUE TO PANDEMIC)
No. Of Children 孩子數 1	Salary 薪資 PHP23,000
Age Of Children 孩子年齡 NEWBORN	
Your Duties : 工作內容 HOUSEHOLD CHORES & ASSIST THE NEWBORN	

(工作內容簡介)

I WORKED AS A DOMESTIC HELPER IN KUWAIT AND SAUDI FOR 2 YEARS, SINGAPORE FOR 5 MONTHS DOING TAKE CARE OF CHILDREN & ALL HOUSEHOLD WORK. I hereby certify that all the above information are true and correct to the best of my knowledge. Any false statement or misrepresentation on my part shall be sufficient ground for termination.

(我特此聲明上述資料都是真實的。如有任何虛假陳述或者不實資料將可隨時終止契約。)

JESSAMEA MAGALLANES PALARUAN / 05 MAY 2026

Applicant's signature over printed name Date (日期)

(申請人的簽名)

DO NOT WRITE BELOW THIS LINE

Original Documents on file

■ Passport No.: P1538862D

Expiration: 18 FEB 2036

Ø NBI

Ø Medical

Ø Training

SUGGEST POSITION APPLIED

建議應徵職位 DOMESTIC HELPER